



@BabyBoomersGuide

Digital Books Catalog

Today's Topics	Start a Training Business	Writing Your Book	Healthy Living	Finding Life Purpose	Why Me GOD	Cooking & Recipes	Holiday Season
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Interesting Stuff to Read for People Over 50

THE BABY BOOMERS GUIDE CATALOG

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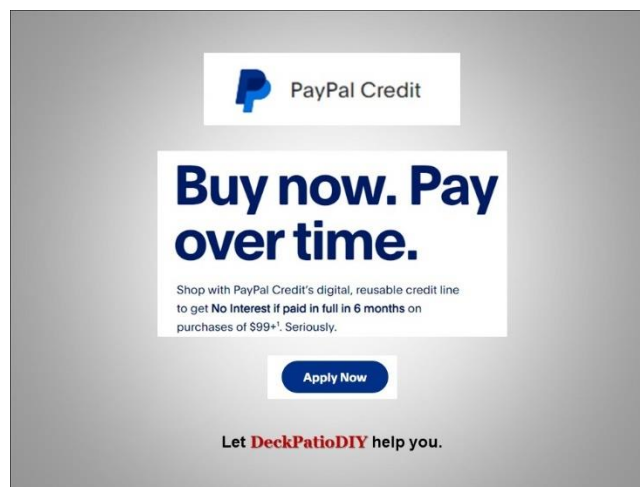
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Books By D.Harold Greene

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We Provide 21st Century Digital Training

With our over 200 digital books, streaming online workshops, CD's and on our own online education portal, we can accommodate up to 1,000 staff attendee trainings per day on their desktop and laptop computers, tablets, smart cell phones, or on our online education portal at

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We Train Trainers, That's What We Do!

We offer online master trainer certification, a license to train others using our proprietary and copyrighted digital and online books and workshop training curriculum to train staff and staff development trainers who desires to teach *Workforce Readiness Skills Second Chance / Reentry, Life Preparation, African American History and Starta-Business Skills* to youth and adults 'who do not want to (or cannot) go to college'(65% of the seven trillion-dollar U.S. Education Market).

2

The Author

THE RITES OF PASSAGE FOR MALES	UNDERSTANDING THE AT-RISK MALE	AFRICAN AMERICAN HISTORY	PEARL AND THE BUFFALO SOLDIER	GRANDMOTHER JANE
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Nationally Recognized!

Visionary Leadership: (D.Harold Greene) *your reputation as a dynamic and forward-thinking leader precedes you (and) we admire your talent for blending creativity with strategy, fostering collaboration, and delivering results that resonate on a global scale.* **Wanda P. HR Director for a National Content Publisher**

D. Harold Greene is a national and international Workforce Readiness Training Consultant and the President / CEO of **Books By D.Harold Greene**, a division of Faith Institute of Entrepreneurship, LLC, a national and international information technology company headquartered in Jacksonville, NC.

He is a former adjunct continuing education faculty member at Prince George, Ann Arundel and Howard County Community Colleges in Maryland with over 40 combined years of adult continuing education teaching, workshop facilitation and continuing education course development experience.

His book *"The Rites of Passage for Males", Everything a Young Man Needs to Know About Life and Manhood*, is nationally and internationally published by University Press of America / Hamilton Books and available in university, college and city libraries nationwide.

His book, *"50 Best Home-Based Businesses for People over 50"* is the training manual of choice used to teach "how-to-start-a-business" courses for the North Carolina SBA (Small Business Administration).

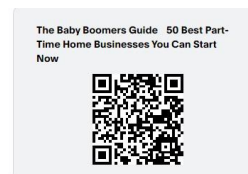


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4



The Baby Boomers Guide 50 Best Part-Time Home Businesses You Can Start Now Digital Book



3

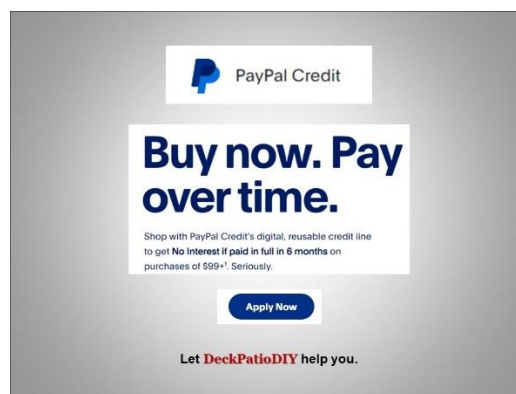
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Private Investigator

Vital Information

Start-up Investment

Low - \$3,000

High - \$7,000

Break-even time - 1 month to 6 months

Estimate of Annual Revenue and Profit

Revenue \$50,000 - \$100,000

Profit (Pre-tax) - \$30,000 - \$75,000

FREE PREVIEW



Mike -- hammering a keyboard??? Yes, even though the mental image we may have of private investigators include dingy offices in run down office buildings, more and more private investigators actually work from their homes, spending more time behind their computers than they do sitting in their cars. Far from being a dangerous business requiring guns and quick get -away, the field of private investigation is more and more a computer -based business.

The clients using private investigators today include attorneys, insurance companies, and business people, in addition to individuals. And, there are a number of different services provided by private investigators. Some private investigators actually pick a "specialty", i.E., Missing persons, searching public records and consumer information for business intelligence investigations, etc.

5

Messenger Service



Start-up Investment-

Low - A home-based operation using personal automobile. Less than \$400.

High - Hire several drivers, by or lease vehicles, setup office. \$50,000 and up.

Break-even time - 60 to 120 days

Messenger Service Business Plan



Add to Cart

Desktop Publisher



Start-up Investment

Low - \$2,000 + Home-based operation.

High - \$10,000 - \$25,000 Buy equipment and set up office

Break-even time - 90 days to 6 months.

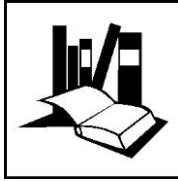
Desktop Publisher Business Plan



Add to Cart

6

Information Detective



Start-up Investment

Low - \$5,000 (a home office)
High - \$20,000 (an office with one employee)
Break-even time - Three month to one year
Estimate of Annual Revenue and Profit

Information Detective Business Plan



 Add to Cart

Computer Consultant



Start-up Investment

Low - \$2,000 + Home-based operation.
High - \$10,000 - \$25,000 Buy equipment and set up office
Break-even time - 90 days to 6 months.

Computer Consultant Business Plan



 Add to Cart

7

Videographer



Start-up Investment-

Low - \$1,000 or less for home-based operation
High - \$100,000 and up for outside offices and acquisition of sophisticated equipment.
Break-even time - 4 months to 1 year

Videographer Business Plan



 Add to Cart

Computer Consultant



Start-up Investment

\$2,500 - \$4,000
Break-even time - 3 months to 4 months
Estimate of Annual Revenue- \$30,000 - \$80,000
Estimate of Annual Profit (Pre-tax) - \$24,000 - \$70,000

Computer Consultant Business Plan



 Add to Cart

8

Catering Service




Start-up Investment

Low - \$1,000 (working from your own kitchen)
High - \$100,000 + (outfitting a professional kitchen)
Break-even time - 3 months to one year

Catering Service Business Plan



 Add to Cart

Grocery Shoppers



Start-up Investment

Low - \$2000 (advertising costs)
High - \$20,000 (includes a van)
Break-even time - Two weeks to one year

Grocery Shoppers Business Plan



 Add to Cart

9

Household Management Service



Start-up Investment

Low - \$1000 (home-based)

High - \$10,000 (storefront in the city, with some advertising)

Break-even time - One to six months

Household Management Service
Business Plan



 Add to Cart

Maid Service



Start-up Investment

Low - \$1,000 (liability insurance, ads or flyers)

High - \$3,000 (putting together an employee team)

Break-even time - One month to three months

Maid Service Business Plan



 Add to Cart

10

Day-Care Provider



Start-up Investment

Low - \$2,000

High - \$5,000

Break-even time - Immediate to 3 months

Day-Care Provider Business Plan



 Add to Cart

Import Entrepreneur



Start-up Investment

Low - \$2000 (importing an inexpensive product in small quantities)

High - \$200,000 (selling a costly product directly to retail or wholesale buyers)

Break-even time - Three months to three years

Import Entrepreneur Business Plan



 Add to Cart

12

Real Estate Agent



Start-up Investment


Low - \$1000 (to become licensed)

High - \$30,000 (to open a brokerage firm)

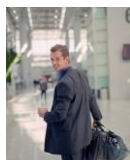
Break-even time - Six months to two years

Real Estate Agent Business Plan



 Add to Cart

Real Estate Appraiser



Start-up Investment


Low - \$1,000 (for a computer and camera, using the family car)

High - \$10,000 (includes an office, car lease, and some advertising)

Break-even time - Three months to one year

Real Estate Appraiser Business Plan



 Add to Cart

11

Party Planner




Start-up Investment

Low - \$1000 (pure planner functions)
High - \$50,000 (for props and warehouse space)
Break-even time - 1 month to one year

Party Planner Business Plan



 Add to Cart

Word Processing Service



Start-up Investment

\$4,000 - \$8,000
Break-even time - 2 months to 3 months

Word Processing Service Business Plan



 Add to Cart

13

Bookkeeping Service



Start-up Investment

Low - \$3,000
High - \$8,000
Break-even time - 4 months to 8 months

Bookkeeping Service Business Plan



 Add to Cart

Lawn Maintenance Service



Start-up Investment

\$4,000 - \$6,000
Break-even time - 2 months to 6 months

Lawn Maintenance Service Business Plan



 Add to Cart

Home Inspector



Start-up Investment

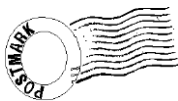
Low - \$4,000
High - \$9,000
Break-even time - 3 months to 6 months

Home Inspector Business Plan



 Add to Cart

Mailing List Service



Start-up Investment

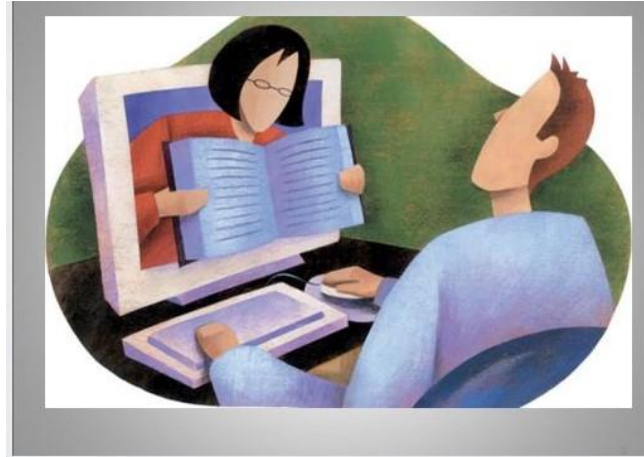
Low - \$2,500
High - \$6,000
Break-even time - 3 months to one year

Mailing List Service Business Plan



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Start a Training Business



Baby Boomers Guide

What Are You Going to Do Now? Technology (and ONLINE training) has now taken over the entire Government and corporate training market Ready for a CHANGE?

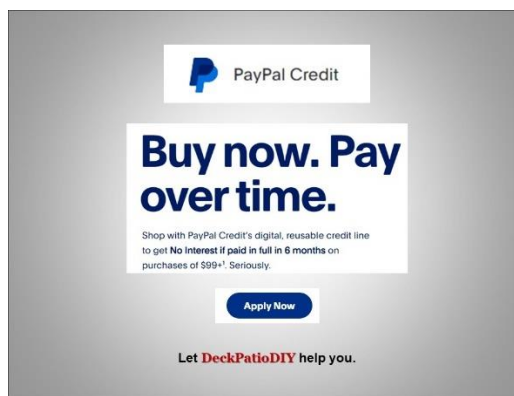
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Start a Professional Training Business Now!



Nine Steps to Start an Online Training Business Part 1



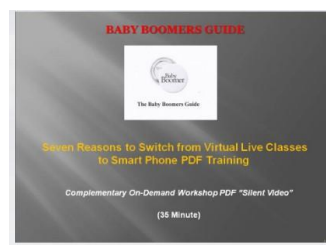
Nine Steps to Start an Online Training Business Part 2



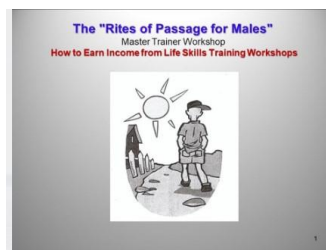
Nine Steps to Start an Online Training Business Part 3



How-to-Start an Online Self-Esteem Training Program



Seven Reasons to Switch from Virtual Live Classes to Smart Phone PDF Training



How-to-Earn Income From Life-Skills Training Workshops



Why E-Learning is Better Than Live Training



Seven Reasons to Switch from Virtual Live Classes to Smart Phone PDF Training



Write Your Book Now!



Baby Boomers Guide

Write Your Book Now!



Baby Boomers Guide
'Ghost Writer' Writing Services

Baby Boomers Guide
'Ghost Writer' Services

WHO YOU GONNA CALL?
If you can dream it, we can help you to write it!

Write Your Book Now!

WHAT DO YOU NEED?

We can help you to write and to design your projects quickly and inexpensively.

Experience

20 years + writing experience,
20 years + experience using social media for business growth purposes,

Book Writing Services \$ 35 / Hour

Email Writing Services \$ 35 / Hour

Training Courses Writing Services \$ 35 / Hour

Workshops Writing Services \$ 35 / Hour

If you can dream it, we can help you to write it!

*No Expensive Book Publisher Help is Needed.
Complete Your Project in Days, Not Months!*

WHO YOU GONNA CALL?

'Ghost Writer' Writing Services

Book Writing Services



Email Writing Services



Training Course Writing Services



Workshop Writing Services



Write Your Book Now!



Don't Write That Book
Yet! Do This First
CD

Don't Write That Book Yet! Do This First.
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Bathroom Safety



Baby Boomers Guide

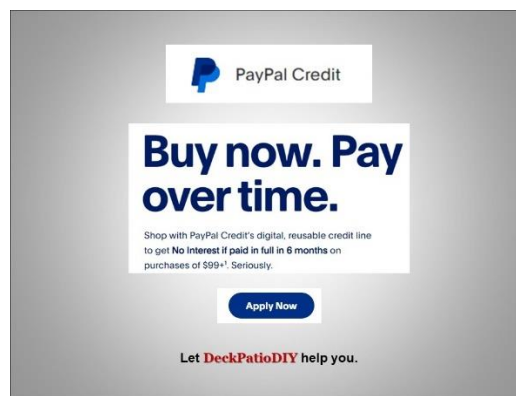
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Bathtub to Shower Do-It Yourself Kit



PRE-BUILT BATH TUB TO SHOWER DO-IT YOURSELF KIT

STERLING
STORE+SHOWER KIT

30 in. x 60 in. Single Threshold Shower Base with Shower Walls and 12-Piece Accessory Kit in White

Durable, easy-to-clean Vikrell shower material Includes Receptor, Backwall, End walls - 12 pc. Accessory Kit - Dishwasher safe shelves and bins snap into place; no tools needed

Drain Location: Right - Center - Left

Approximate Length x Width: 60 x 32 - Also available: 36 x 34, 48 x 34, 60 x 30, 60 x 32 and 60 x 34

Price Does Not Include Installation

\$ 2,199.00 Per Kit

[BUY THIS KIT](#)

\$ 99.00 /month suggested payments with 24 months financing [Apply Now](#)

Step 6 - Buy This Do-it-Yourself Kit Now - We ship FREE to Your Home

Pre-Built Bathtub to Shower Kit

\$ 2,199.00 Per Kit

Free Shipping



Bathtub to Shower Bench

Taking a tub bath or shower is a no, no in my home due to the danger of falling as I get into (and out of) the bathtub
Ann S. Jacksonville, NC



I live alone. If I fall getting in my tub, I won't be able to get up and out. If this happens, who will know? What can I do?
Verlene J. Little Rock, Ark

More Than Eight Million Fall-Related Injuries Like a Broken Hip or Head Trauma, Often Happen in the Bathroom.

According to the U.S. Dept. of Health Resources and Human Services Administration (HHS), nearly one out of three older Americans now live alone, and falls are the leading cause of death, injury and hospital admissions among the elderly population.

According to a Centers for Disease Control and Prevention (CDC) report, one out of every four Americans aged 65 and older fall each year. Not only are seniors more prone to falling, but they are also more susceptible to serious injuries.

Of the nearly 36 million falls that happen annually among this age group, more than eight million of these result in fall-related injuries like a broken hip or head trauma, especially in the bathroom.

Bathtub to Shower Bench - \$ 179.95

Free Shipping

Does This Make Sense?

You Have a Choice

Pay thousands of \$ dollars to tear-out your old bathtub and replace it with a walk-in shower or you can buy this tub transfer bench and bath seat, and it does the same thing.



Bathtub to Shower Bench \$ 179.95 Free Shipping



Bathroom Safety

Baths Step with Handle

\$ 39.95

Free Shipping

 **Add to Cart**

Raised Toilet Seat

\$ 39.95

Free Shipping

 **Add to Cart**

Easy Reach Bath Brush

\$ 39.95

Free Shipping

 **Add to Cart**

Bathroom Safety



Bath Step with Handle

Sturdy bath step has a textured-grip platform and curved safety handrail. Makes it easy to step over the edges of the tub as well as to step up to reach cabinets and shelves. Durable steel frame with non-slip rubber feet. 21 1/4" L x 9 3/4" W x 34 3/4" H



Raised Toilet Seat

Securely locks in place without tools to increase the height of the toilet. Two cutouts for hygiene. Supports up to 400 lbs. Heavy duty plastic. 14" W x 16" D



Easy - Reach Bath Brush

This long handle bath brush molds to the body's shape. Extra long bristles gently cleans and softens the skin. Plastic / wire 22" L

Bathroom Safety

Over Bathtub Transfer Bench

\$ 49.95

Free Shipping

 **Add to Cart**

Bath Step Stool

\$ 49.95

Free Shipping

 **Add to Cart**



Perfect for shower seating

Over Bathtub Transfer Bench

Easily get in and out of the bathtub. Sturdy plastic seat has an adjustable width from 16" -23 1/2" to fit most tubs. Easily secures to the tub with rubber rails. Textured non-slip surface with drainage holes.



Bath Step Stool

Two-step stool has a textured grip platform for safety. Includes a carry handles for easy portability. Great for reaching items in cabinets and on shelves. Durable plastic.

Drug Free Healthcare Products



Baby Boomers Guide

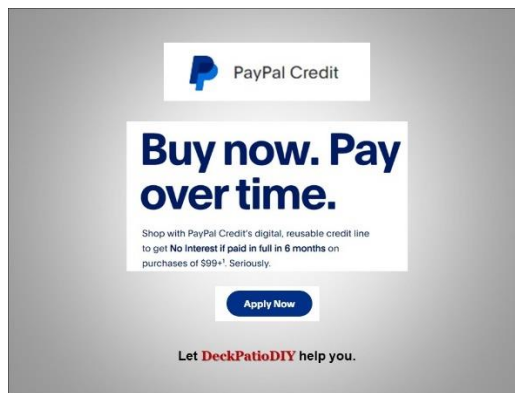
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Drug Free Pain Relief



Cool Comfort RX

Cool, soothing sensation helps to melt away pain-No medications or side effects. Ideal for headaches, migraines and sinus pain. Just freeze and position the soft, cool gel pack where you need it - under the eyes, behind the ears or on your sinuses. Stays cool for hours. Adjustable fit.

\$ 39.95



Inflatable Lubar Support Belt

Lightweight back belt uses vibrating motors and heat with 72 infrared lights to help relieve muscle pain, stiffness and tension. Helps to promote blood circulation, stabilizes the lower back and it helps to improve posture. Cordless and rechargeable. UL tested, One size fits most.

\$139.95

Drug Free Pain Relief

HEMPVANA
Pain Relief Cream
and Gel Kit

Pain Relief Cream
with Hemp Seed

For inflammation, swelling
and pain.

Pain Relief Cream
with Lidocaine

For back, shoulder, knees,
neck and hand pain.

Pain Relief Gel
with Menthol

For arthritis pain in hands,
fingers and joints.

Complete kit



Hempvana Pain Relief Cream and Gel Kit

\$ 79.95

Free Shipping

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Lifting

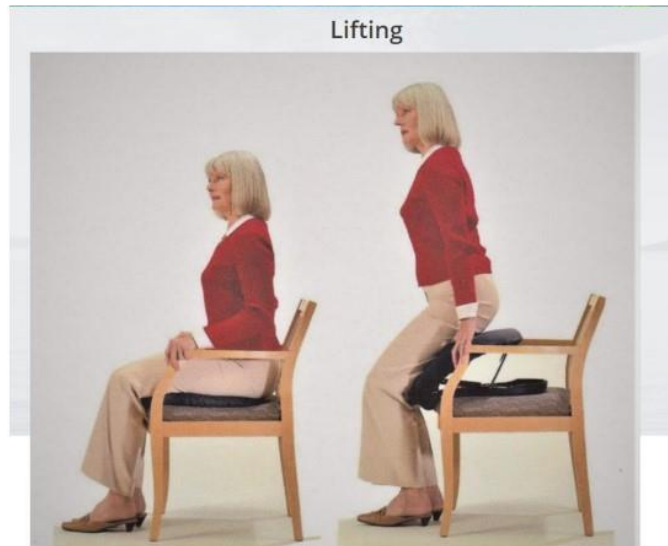
Mobile Chair and Sofa Lift

\$ 249.95

Free Shipping



Mobile Chair and Sofa Lift \$ 249.95 Free Shipping



Mobile Chair and Sofa Lift Cushion

Why pay hundreds of dollars to buy an electrical lift chair?

Sometimes, it is difficult to get up off the couch after a day of watching movies or football games. Life should be easier and it can be with this non-electric chair / sofa lift cushion.

It's portable. You can take it anywhere. It fits most arm chairs and sofas and it is light weight, portable and easy to use. No electricity is required as an air cylinders provides the lift that is needed.

Why pay hundreds of dollars to buy an electrical lift chair when this portable unit will do the exact same thing to help you to safely get up off that chair or couch, 19"D x 17"W - Weight 5 lbs.

Lifting

Portable Sofa, Chair and Bed Lift

Is this you when you get up after watching a football game or a movie?

Just had knee surgery or ol' arthur (arthritis) is on the attack again? Check out this tubular metal, no-tip, 3 level booster chair lift. It has padded grips and it's heights are 16"H, 26"H and 33" H.

It provides the lift boost that you need when rising from a chair, a sofa or even off the floor.

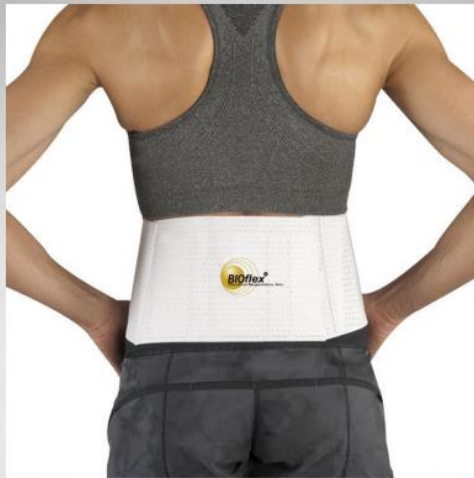
This is a must have after hip or knee surgery. It will support up to 350 lbs. It is light weight, portable (you take it with you) and it is easy to assemble, 20"W x 17"D

Portable Sofa, Chair and Bed Lift

\$ 79.95

Free Shipping





The Baby Boomers Guide to Magnetic Pain Therapy Healthcare

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MAGNETIC THERAPY FOR PAIN



Remember, See Your Doctor First!

A person who is interested in herbal medicines and alternative healthcare should consult a duly approved health professional first for any condition that requires their services.

BACK PAIN – Deluxe Lumbar Magnet



Deluxe Lumbar Magnet support is made of neoprene and Coolmax lining for a cooler fit, it contains 9 **BIOflex Concentric Circle Magnets** and is available in two sizes, Ideal for back pain and provides extra support.

B50001 (S/M) fits waist sizes 24" – 30" \$ 64.95

B50002 (L/XL) fits waist sizes 31" – 40" \$ 67.95

LOWER BACK PAIN – Flex Pad Magnet



This flexible magnet is covered with a comfortable cloth casing. The Flex pad is perfect for lower back pain and, if tucked into the waistband of the pants, it can be work comfortably all day to alleviate pain and discomfort in the lower lumbar region. Two **BIOflex Concentric Circle Magnets** fields @ 350 gauss power each.

B50000 One Size \$ 59.95

BACK PAIN – Active Back Magnet



Active Back Magnet support is made of neoprene and it contains **6 BIOflex Concentric Circle Magnets** and it is available in two sizes. It is ideal for back pain and allows more flexibility.

B50003 (S/M) White - fits waist sizes 24" – 30" \$ 44.95

B50006 (L/XL) White - fits waist sizes 31" – 40" \$ 47.95

MUSCLE SPASMS – Max Circle Pads Magnet



The Max Circle Pads Magnet features magnetic pole spacing that ensures deep penetration over a wide area. The Max is ideal for hamstring pulls, muscle spasms or sprains. Contains one **BIOflex Concentric Circle Magnets @ 500 gauss**. and it is available in one size.

B60001 One Size \$ 44.95

NECK & SHOULDER PAIN – Neck Collar Magnet



The Neck Collar Magnet contains 7 **BIOflex Concentric Circle Magnets** evenly spaced throughout the length of the collar. There are two convenient straps to connect the collar to bra straps, or undershirt to prevent slippage. The Neck Collar Magnet is perfect for neck and shoulder pain, while improving circulation and accelerating healing.

B03000 One Size \$ 37.95

KNEE PAIN – Knee Stabilizer Magnet



The Knee Stabilizer Magnet is made with premium quality neoprene and Coolmax for comfort. The stabilizer contains **BIOflex Concentric Circle Magnets** and is available in two sizes. The Knee Stabilizer Magnet is perfect for knee pain, while improving circulation and accelerating healing.

B10000 (S/M) fits knee sizes up to 14 ½" \$ 39.95

B10001 (L/XL) fits knee sizes up to 16 ¾" \$ 47.95

HAND PAIN – Magnetic Mitt Magnet



The Magnetic Mitt Magnet is made of breathable, lightweight cloth and Coolmax lining for comfort and a cooler fit. This Magnetic Mitt fits on your hand like a mitten and it contains 9 **BIOflex Concentric Circle Magnets** @ 500 gauss. One size fits most. The Magnetic Mitt Magnet covers the entire hand so all fingers and joints are covered. Wear it while sleeping and relaxing.

B70000 One Size \$34.95

ANKLE PAIN – Ankle Support Magnet



The Ankle Support Magnet is made with neoprene and Coolmax lining for comfort and a cooler fit. This Magnetic Ankle Support contains 2 **BIOflex Concentric Circle Magnets**. One size fits most. The Ankle Support Magnet is ideal for foot and ankle pain.

B70000 One Size \$24.95

TIRED FEET– Magnetic Foot Insoles



The Magnetic Insoles reduce the pressure on corns and calluses, and relieves leg fatigue and back pain by supporting your foot's natural structure. These come in sizes 5-12 for Women and 6-13 for Men.

B02007	Women Sizes	5 - 12	\$55.75
B02008	Men Sizes	6 - 13	\$55.75

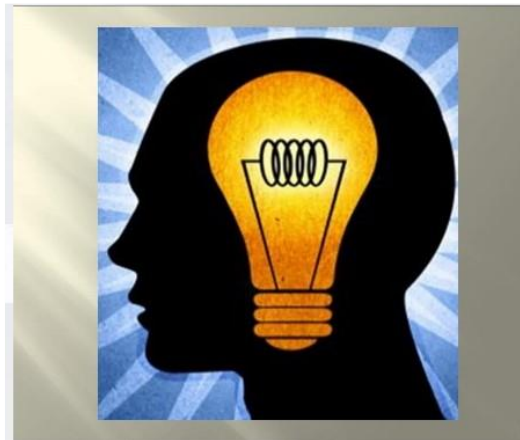
ELBOW PAIN – Elbow Support Magnet



The Elbow Support Magnet is lined with Coolmax, fits over elbow joint and closes with Vlcro tabs, It contains 2 **BIOflex Concentric Circle Magnets**. One size fits most.

B03006 One Size \$34.95

Healthy Living



Baby Boomers Guide



The Baby Boomers Guide
Five Main Benefits of Herbs and Natural Remedies

Five Main Benefits of Herbs and
Natural Remedies

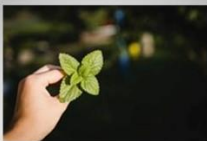
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The Baby Boomers Guide
Breathing Techniques To Eliminate Stress
eBook

Breathing Techniques
To Eliminate Stress

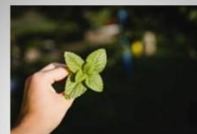
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The Baby Boomers Guide
to Herbs for Healthy Alternatives
MEMORY LOSS

Memory Loss

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The Baby Boomers Guide
to Herbs for Healthy Alternatives
POSITIVE MOOD / SLEEP / FEELING GOOD

Positive Mood / Sleep / Feeling Good

 Add to Cart



996R \$ 21.95
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[Nature's Way](#) Gotu Kola Herb – 100 Capsules

Gotu Kola is known as the "Brain Food" or the "Memory Herb" as it improves the memory and helps to retard the aging process by stimulating circulation to the brain. It not only helps with memory, but it also helps to reduce memory loss.

It helps to relax the nerves and to increase vitality. It combats stress and strengthens reflexes. It helps to rebuild energy reserves and stamina. It is also available for the treatment of depression and mental problems.

Gotu Kola
"Memory Herb"
\$ 21.95 - 100 Capsules



554R \$ 21.49
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[Nature's Way](#) Valerian Root – 100 Vegan Capsules

• Traditional Sleep Aid • Gluten Free • Vegan •

With uses dating back to the 11th century, Valerian has traditionally been used to support restful sleep. It will induce sleep and help nervousness. When taken at night, one will get a deep, restful sleep, without the side effects of sleeping pills.

Valerian has a most useful healing effect on the nervous system and in reducing anxiety, tension, hysteria and stress. It is very quieting and calming.

Valerian Root
"Sleep Aid Herb"
\$ 21.49 - 100 Capsules



1254U - \$ 27.95
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[Carlson](#) Aloe Vera Gel – 25 mg (200:1 Concentrate) - 100 Softgels

Digestive Support • Colon Health • Optimal Wellness • Gluten-Free
• Soy-Free • No Artificial Preservatives •

Aloe Vera is a succulent used for centuries for its healing properties. **Aloe Vera Gel** contains the thick inner gel from the aloe vera leaf, which is freeze-dried to form a potent concentrated powder. Each soft gel provides 25 mg of aloe vera concentrate, supplying the equivalent of 5,000 mg (1 tsp) of aloe vera gel. Aloe Vera Gel supports digestive and colon health.

Aloe Vera Gel
"Optimal Wellness Herb"
\$ 27.95 100 - Softgels



438R \$ 24.95
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[Nature's Way](#) St John's Wort Herb – 700 mg - 100 Vegan Capsules

Promotes Positive Mood • Certified Authentic • Gluten Free • Vegan

St. John's Wort has been used for centuries to help promote positive mood.

German studies have shown that St. John's Wort helps those suffering with mild to moderate depression, with fewer side effects of the most prescribed drugs and more than 50% of depression, anxiety, and sleep disorders are treated with St. John's Wort compared to only 2% with Prozac.

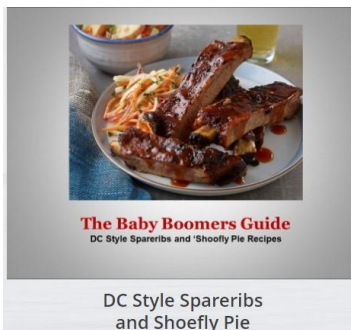
St. John's Wort
"Positive Mood Herb"
\$ 24.95 - 100 Capsules



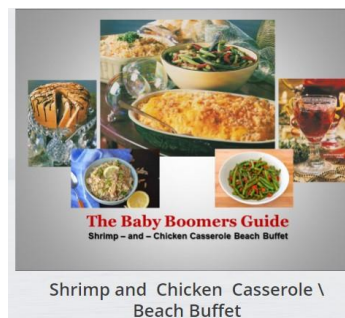
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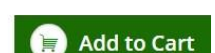
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DC Style Spareribs
and Shoofly Pie



Shrimp and Chicken Casserole \
Beach Buffet



Ozark Mountain Southern Style
Spareribs and Shoofly Pie



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